

**Scale of Ration & Fuel : Officers (AFI 4/98)**

<b>Sl No.</b>	<b>Basic item</b>	<b>Scale per man</b>	<b>Alternatives</b>	<b>Scale per man</b>
		<b>per day (in gms)</b>		<b>per day (in gms)</b>
1.	Atta/Rice	450	--	--
2.	Dal	40	Peas Dried	40
3.	Oil Hydro-genated	80	--	--
4.	Sugar	90	--	--
5.	Milk Fresh	250 ml	Milk Tinned	100 ml
			<b>OR</b> Whole Milk Powder	36
6.	Meat Fresh	260	<b>Meat on hoof</b>	640
			<b>OR</b> Milk Fresh (for Vegetarian)	500 ml
			<b>OR</b> Milk Tinned (for Vegetarian)	200 ml
			<b>OR</b> Fish Fresh	430
			<b>OR</b> Fowl including Ducks/ Chicken (live weight) whichever is economical.	350
			<b>OR</b> Fowl including Duck/ Chicken (Dressed weight) whichever is economical.	175
			<b>OR</b> Whole Milk Powder (for Vegetarians only)	73
			<b>OR</b> Meat Tinned	200
			<b>OR</b> A.F.D. Meat	43
			<b>OR</b> Eggs	4 Nos.
7.	Vegetable Fresh	170	<b>Vegetable Tinned</b>	90
			<b>OR</b> Curried or Peas/Beans Dried	90
8.	Potatoes	110	Potatoes Tinned	80
			<b>OR</b> Vegetable Fresh	110
			<b>OR</b> Peas/Beans Dried	60
			<b>OR</b> Dal	60
			<b>OR</b> Flour	30
			<b>OR</b> Beans Harricot	30
9.	Onions	60	Onions Spring Green	90
			<b>OR</b> Onions Dehydrated	10
			<b>OR</b> Garlic	10
10.	Eggs	02 Nos.	Vegetable Fresh(for Vegetarians)	110
			<b>OR</b> Whole Milk Powder (for Vegetarians)	28
			<b>OR</b> Kidney	60
			<b>OR</b> Egg Powder	20

			<b>OR</b> Liver	60
			<b>OR</b> Meat Fresh	90
			<b>OR</b> Meat on hoof	220
			<b>OR</b> Bacon <b>OR</b> Sausages <b>OR</b> Fish Tinned	56
11.	Tea	9	Coffee	18
12.	Fruit Fresh Citrus	110	<b>Fruit Tinned</b>	90
	<b>OR</b> Fruit Fresh Non-Citrus	230	<b>OR</b> Fruit Dried	28
13.	Dalia and Sago	20/7	Corn flake	30
	<b>OR</b> Corn Flour	7	<b>OR</b> Semolina	30
	<b>OR</b> Jelly	7		
	<b>OR</b> Ice Cream Powder	7		
	<b>OR</b> Custard Powder	7		
14.	Butter	20	Oil Hydro-genated	30
			<b>OR</b> Butter Tinned	20
			<b>OR</b> Cheese	20
15.	Condiments	20		
16.	Salt	20		
17.	Firewood	1400	Kerosene Superior @	11.360 ltr @ - (for 4-5 men set Cooker)
	<b>OR</b> Steam Coal	700		
	<b>OR</b> Soft Coke	900		
	<b>AND</b> Firewood #	200		# - for kindling purposes
	<b>OR</b> Charcoal	400		
	<b>OR</b> Kerosene Superior	378		
	<b>OR</b> LPG	150		
18.	Matches Safety	(a) For strength upto 45 members, two match per week for use in cookhouses.  (b) For strength above 45 members, one match box per week every 25 members or part thereof.		