



FOREWORD

1. This first edition of 'Abridged Guide Book' is published with a view to keep the ESM well informed. As a ready reckoner, it can provide information, which is absolutely necessary for ESM, so that they can get to know what facilities are available for them and a guide for approaching appropriate agencies for various assistance.
2. About 25 lacs of ESM exist as on date, which includes 4 Lacs widows and about 60,000 retire every year. Most of these ESM are from rural background and are mostly unaware of the facilities available to them. Hence, a need was felt to provide them condensed book that they can carry along. The details of various subjects reflected in this booklet are available in the KSB Guide Book.
3. I am thankful to Sqn Ldr J Pandian, Sgt Deepak Agarwal, Sh. Neel Ratan Kumar, Mrs Gandhi, Sh Manjeet Tagore, Mr Satyendra Singh of this organization for all the efforts put in by them.

Place- New Delhi
Date- 15 May 2007

(KC Choudhury)
Secretary

Cmde

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CHAPTER -1
(KENDRIYA SAINIK BOARD)

INTRODUCTION

Kendriya Sainik Board is the apex body of Government of India whose main role is to ensure implementation of Government policies for the welfare of Ex-Servicemen and their families. Besides, it provides certain financial assistance to the non pensioners of the Defence Services and also to the pensioners, whose pension is below Rs.3000.

The Board has Hon'ble Raksha Mantri as its President, Hon'ble RRM as its Vice President and other members, which include chief ministers of the states/UTs, Ministers from other central/state Government Departments and three Services chiefs.

The Secretary of KSB is headed by a serving officer of the rank of the Brigadier or equivalent from the Navy /Air Force.

DEPARTMENT OF SAINIK WELAFRE AND ZILA SAINIK WELFARE OFFICE

At the state level, the resettlement and welfare of Ex-Servicemen is being handled by one of the Ministries in the state Government and the Secretary of the Department concerned oversees the work of Department of Sainik Welfare. The Department of Sainik Welfare exercise general control and super vision over the Zila Sainik Welfare offices established at District level.

Note- More details about the responsibilities of KSB , RSB and ZSB are given in the Guide book of KSB.

CHAPTER -2

DEFINITION OF EX-SERVICEMEN

1. The eligibility of the retired Defence personnel to the status of ex-servicemen is governed by the definition as laid down by Department of Personnel and Training. The definition has been undergoing changes from time to time. The following is the broad categorization: -

(a) Those released before 01 Jul 68. Any person who had served in any rank (whether as Combatant or not) in the Armed Forces of the Union and has been released from there other than by way of dismissal or discharge on account of misconduct or inefficiency.

(b) Those released on or after 01 Jul 68 but before 01 Jul 79. Any person who had served in any rank (whether as a Combatant or not) in the Armed Forces of the Union for a continuous period of not less than six months after attestation and released from there other than by way of dismissal or discharge on account of misconduct or inefficiency.

(c) Those released on or after 01 Jul 79 but before 01 Jul 87. Any person who had served in any rank (whether as a Combatant or not) in the Armed Forces of the Union for a continuous period of not less than six months after attestation if discharged for reasons other than at their own request or by way of dismissal or discharge on account of misconduct or inefficiency and not less than 5 years of service if discharged at own request.

(d) Those released on or after 01 Jul 87. Any person who had served in any rank (whether as a Combatant or not) in the Armed Forces of the Indian Union and was released/retired with any kind of pension from Defence Budget or released on completion of specific terms of engagement with gratuity other than at his own request or by way of dismissal or discharge on account of misconduct or inefficiency.

(e) Govt of India, Ministry of Defence (Deptt of Ex-Servicemen Welfare) vide their Office Memorandum No. 12/1/2005/D (Res) dated 01 Feb 06 has conveyed that it has been decided with the approval of Hon'ble Raksha Mantri that Recruits who were boarded out/released on Medical Grounds and granted Medical/Disability Pension, will also be covered under the category of Ex-Servicemen for all practical purposes.

(f) Officer cadets boarded out of training academies attributable to mil training will be treated as ex-servicemen under Priority-I for the purpose of employment in civil employment.

2. The eligibility of the person to the status of ex-servicemen will be governed by the definition in vogue at the time of his discharge and will not be affected by the changes in the definition subsequent to his discharge.

3. In addition the personnel of Territorial Army (TA) of the following categories viz. pension holders for continuous embodied service; persons with disability attributable to military service; and gallantry award winners retired on or after 15.11.86 and the personnel of the Army Postal Service (APS) who are a part of the regular Army and retired from such service, i.e. directly from the Army Postal Service itself without reversion to P&T Department with a pension or who have been released from such service on medical grounds, attributable to military service or circumstances beyond their control and awarded medical or other disability pension are also covered within the definition of ex-servicemen with effect from 19 Jul 89.

ARMED FORCES

5. Armed Forces of the Union means the Army, Navy and Air Force of the Indian Union including Armed Forces of the former Indian States but excludes the persons who have served in Defence Security Corps, General Reserve Engineering Force, Lok Sahayak Sena and Para Military Forces (PMF).

4. Disabilities. There are quite a few ESM who become disabled during action or due to accidents and other causes and are invalided out from service. These ESM are provided special medical care and trained to become self-reliant. The care and rehabilitation is undertaken in specialized institutions and supported financially by KSB. These are:-

5. Supply of Motorised Tricycles to ESM Paraplegics. KSB provides motorized tricycle to the disabled ESM, subject to disability of more than 50% or recommendation of medical authorities. The cases are to be put up to KSB for approval.

Person Eligible – Disabled Ex-Serviceman

6. Tool Kit for ex-servicemen Technicians. Out of Armed Forces Flag Day Fund, tool kits are provided, amount not exceeding Rs.2,000/-.

Person Eligible – War Bereaved families, disabled servicemen, ESM and their dependents

7. War Memorial Hostels. The War Memorial Hostels were constructed with a view to provide shelter to the children of War widows, war-disabled, attributable & non attributable cases. Each Regt. Centre has provided by KSB non-recurring grant for construction and furnishing of WMH. Recurring grants are provided to the WMH for wards of Defence personnel @ Rs.900/- p.m. and Rs.450/- p.m. for attributable and non-attributable cases respectively. Admission to WMH is open to the wards of all Defence personnel including those of Navy and Air Force in the following priority. The list of War Memorial Hostels is available in the Guide Book/RSB/ZSB offices

- (a) Wards of War Widows
- (b) Wards of War Disabled @ Rs. 900/-
- (c) Wards of attributable cases
- (d) Wards of non attributable cases
(death in service due to harmers) @ Rs.450/-

8. Grant to Paraplegic Rehabilitation Centre : The PRCs at kirkee and Mohali looks after paraplegic and tetraplegic ESM as inmates, who have lost their limbs while on active service. Annual grants are being provided by KSB to these PRCs @ 14,600/- p.a. per inmate. The addresses and contact No of these PRCs are as under: -

- | | |
|--------------------|------------|
| (a) PRC | (b) PRC |
| SAS Nagar (Mohali) | Kirkee, |
| Phase-VI | Pune-20 |
| Distt-Roop Nagar, | ESCON-3191 |
| Punjab | |
| Ph No. 2225352 | |

9. Queen Marry Technical Institute (QMTI):- The Queen Mary's Technical institute for disabled soldiers is a non government organization regd as an educational trust with the Deputy Commissioner, Pune. This institute imparts educational training to Paraplegic soldiers.

Vocational Courses-dying, printing, fitter, electrician, mechanic diesel, mechanic radio, TV repair, stenography and *computer courses.

* Computer courses only for those whose mental faculties intact but with lower limbs paralyzed/affected.

Persons Eligible: - Disabled ESM, ESM and their dependents.

10. Grant to Cheshire homes: - Cheshire home look after leprosy, mentally handicapped, chronic spastic/paraplegic and TB patients @ 9000/- per annum per inmate.

Persons Eligible: - ESM & their dependents.

11. For further detail about Cheshire Homes please contact-

- | | |
|------------------------|--------------------------|
| (a) Director | (b)Chairman |
| Raphael Ryder Cheshire | Cheshire Home India |
| International Centre, | 9/21, Rana Pratap Marg |
| Dehradun, Uttranchal | Lucknow, UP |
| Contact No. 0091- | Contact No. 0522-2622304 |
| 1352674901 | |

- (c) Residential Administrator
- The Delhi Cheshire Home
- Opp. Holy Family Hospital
- Okhla Road, New Delhi-
- 110025

12. St. Dunstan's Organisation for blinded soldiers, Sailors and Airman provides psychological support to over cum the shock of blindness as well as impart vocational training to enable the blinded ESM to find a place in society and also provides after care service.

21. Financial Assistance from Raksha Mantri's Discretionary Fund (RMDF). The financial assistance, to be provided to needy Ex-Servicemen, widows and their Wards from RMDF for various purposes as indicated below:-

Sl	Purpose for Grant	Revised amount w.e.f 10 May 2007
(a)	Marriage of daughters of ESM of all categories/widows in penury /widows re-marriage.	Rs. 16,000/-
(b)	Assistance (monthly grant for 2 years) to old, infirm ex-servicemen	Rs. 2,000/-
(c)	Assistance to ESM/widows in penury :- (i) Staying at home (above 75 years age) (ii) Staying at old age homes (above 70 years age) Certificate from old age home required. (iii) Orphan children of ex-servicemen with 100% disability-grant on yearly basis, based on certification by military/civil hospital.	Rs. 500/- per month Rs. 500/- per month Rs. 500/- per month
(d)	House repairs grant:- (i) ESM/widows in penury or 100% disabled ex-servicemen (ii) Orphans daughter of ESM of all categories (only one daughter)	20,000/- 20,000/-
(e)	Children education grant (i) Up to 12 th standard for 2 children (ii) Up to graduation. (iii) Up to one child joining Defence Officers Training Institutes like NDA/IMA for the duration of the training.	Rs. 200/- pm for sons & 400/- for daughter Rs. 600/- pm for daughters Rs. 1,000/- pm
(f)	Funeral Allowance to the widows	Rs. 5,000/-
(g)	Assistance to orphan daughters of ex-servicemen of all categories	Rs. 1,000/- pm up to marriage or 21 years
(h)	Emergency grant in cash by Secretary, KSB in penury cases	Rs. 500/- at a time and subject to the ceiling of Rs. 2,000/- pm
(j)	Medical treatment for non ECHS Members:- (i) depending on nature and gravity of ailment	Rs. 30,000/- (Maximum)

(k)	Penury Grant as one time grant to all categories of ex-servicemen	Rs. 30,000/-
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Eligibility :

- (a) Pensioner whose pension is below Rs 3000/- and non pensioners.
- (b) ESM, Widows/Dependents not in receipt of fix medical allowance/in receipt of fix medical allowance but expend more than Rs 2,400/- on the present treatment for which the assistance is sought (In case of medical grant).
- (c) PBOR and their Widows provided they have not got assistance from other source (In case of medical grant).
- (d) Officers who spend more than Rs 50000/- on treatment but got no assistance from any other source. (In case of medical grant).
- (e) All cases involving accidents (In case of medical grant).
- (f) World war II veterans and their widows who are not receipt of any financial assistance/Old age/World war veterans pension scheme from the respective State Govt.
- (g) Certificate from the Zila Sainik Board that there is no financial assistance provided from State Govt or any other sources.

How to apply.

- (a) The applicant should submit his/her application alongwith FCR form to the concerned RSBs/ZSBs.

Note - Application form and FCR available at RSBs/ZSBs.

Documents required.

- (a) Attested copy of discharge book.
- (b) Ex-Servicemen/Widows Identity Cards.
- (c) Ownership certificate (In case of house repair)
- (d) Death certificate (In case of Funeral allowance)
- (e) Dependents certificate (In case of orphan daughter of ESM).
- (f) Certificate from village sarpanch/Registrar, Birth certificate of bride, Ration Cards and Marriage invitation card (In case of marriage grant).
- (g) Certificate from Military Hospital with reason for not reporting there for treatment. (In case of medical grant)
- (h) Certificate from AGI/AFGI whether any similar assistance provided or not. (In case of medical grant).
- (j) Copy of discharge certificate from hospital. (In case of medical grant).
- (k) Bonafide certificate from school (In case of education grant).

CHAPTER-5
PRIME MINISTER'S SCHOLARSHIP SCHEME
UNDER NATIONAL DEFENCE FUND

INTRODUCTION.

1. To encourage higher technical and professional education for the wards of widows and ex-servicemen of Armed Forces, a new scholarship scheme known as the Prime Minister's Scholarship Scheme has been introduced from the Academic year 2006-07, .

ELIGIBILITY

2. Persons eligible for the scholarship

- (a) Wards of ex-servicemen and their widows (below officer rank)
- (b) Wards of widows of ex-servicemen died in harness due to causes attributed to military service.
- (c) Widows of ex-servicemen died in harness
- (d) The scheme is open only for widows and unmarried wards of ESM/ Widows, However, marriage/re-marriage at a subsequent date would not disqualify the awardee.

3. Courses eligible for the Scholarship : *First professional degree programme** in engineering, medicine, dental, veterinary, MBA, MCA, Pharma, Nursing etc. duly recognized by the respective government regulatory bodies, such as All India Council for Technical Education, Medical Council of India etc.

4. The scheme is opened for courses mentioned above in the recognized institutions irrespective of its location in the country vis-à-vis the residence/domicile of the wards of the ESM/widows.

* Means only those wards of ESM got admission in the first year in 2006 and subsequently

ACADEMIC REQUIREMENT

5. At least 60% marks at the 10+2 /MEQ level for the initial sanction. For renewal in subsequent years, 50% marks each year.

DURATION OF THE SCHOLARSHIP

6. Two to five years as approved by the concerned regulatory body for that programme.

AMOUNT OF SCHOLARSHIP

7. The amount of scholarship would be as follows:

- (a) Rs.1250/- per month for boys. (Paid Annually)
- (b) Rs. 1500/- per month for girls. (Paid Annually)

8. The payment of scholarship will be granted after the successful completion of each academic year, as per the percentages mentioned in the academic requirement.

Note: (i) The amount of scholarship including any other scholarship or financial assistance from any other source will not exceed the total amount of scholarship available under this scheme.

(ii) The students should open an account in any Nationalized bank which has Electronic Clearance System.

RENEWAL OF SCHOLARSHIP

9. Once the scholarship is awarded, the candidate is required to apply for renewal of scholarship for the subsequent year in the prescribed Performa, (attached with brochure) along with a certificate from the College/Institute indicating that the candidate continues to study in the subject course and Statement of Marks indicating the percentage.

10.. Applications will be invited from the wards of ESM every year In the month of May/Jun through advertisement in the leading dailies and local vernacular, as well.

11. Eligible candidates can download the Brochure –cum- application form under the heading Kendriya Sainik Board at Serial No.27 from the Website "dgrindia.com". The applicants should read the Brochure carefully and fill-up the application form strictly as per the instruction given there in.

12. There after the filled –up application along with all the requisite documents should be sent to Secretary, KSB at the address given in the brochure. Incomplete application will not be accepted.

13. E-mail : [pm_scholarship\[at\]yahoo\[dot\]co\[dot\]in](mailto:pm_scholarship[at]yahoo[dot]co[dot]in)

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CHAPTER - 6

1. Admission into Professional Colleges. At present 28 seats in MBBS and 1 seat in BDS under Central Government

Nominee quota are available through KSB for wives/widows and wards of categories of Defence personnel in the following order of priority:-

- (a) Killed in action.
- (b) Disabled in action and boarded out from service.
- (c) Died while in service with death attributable to military service.
- (d) Disabled in service and boarded out with disability attributable to military service.
- (e) Gallantry Award/Other Award Winners.

Travel

2. Rail Travel Concession. Govt. of India have announced free rail travel in I-Class/II-AC Class to the recipients of PVC, Ashok Chakra, MVC, Kirti Chakra, VrC and Shourya Chakra and the widows of posthumous winners of these Gallantry Awards alongwith a companion. (Ministry of Railways letter No. E (W) 96PS 5-6/22 dated 23 Feb 96.)

3. Air Travel Concession. Following categories of personnel are eligible to the following concessions in fare for air travel in domestic flights of the Indian Airlines: -

- (a) 75% concession to Recipients of Gallantry Awards of class Class II & I viz. PVC, Ashok Chakra, MVC and Kirti Chakra, Victoria Cross, George Cross, Distinguished Service cross, Military Cross, Distinguished Flying Cross and George Medal.
- (b) 50% concession to Permanently war disabled officers who have been invalidated out of service and the dependent members of their families.
- (c) 50% concession to War widows of post independence era.

CHAPTER-7

EX-SERVICEMEN CONTRIBUTORY HEALTH SCHEME (ECHS)

INTRODUCTION

1. Retired Armed Forces Pensioners so far did not have a comprehensive Medicare scheme, as compared to and available to other Central Government Employees. Therefore, the requirement of a Medicare system was felt essential for our brave soldiers.
2. Based on this noble aim, and after detailed deliberations, a comprehensive scheme has taken shape as the Ex-Servicemen Contributory Health Scheme (ECHS), authorized vide Government of India, Ministry of Defence letter No.22 (I) 01/US/D (Res) dated 30 Dec 2002 with the advent of this scheme, Ex-Servicemen pensioners who were Only entitled for treatment in service hospital will now be authorized for treatment, not only in service hospitals, but also in those civil/private hospitals which are specifically empanelled with the Ex-Servicemen Contributory Health Scheme.

Eligibility

- Armed Forces veteran drawing pension/disability pension.
- Widow drawing pension.
- Spouse.
- Dependents (earning less than 2550/- per month to include)
 - Son (s) till 25 years of age.
 - Daughter (s) till marriage or she is a widow/divorcee.
 - Disabled child for life.
 - Parents.

Benefits of ECHS

- All types of known diseases covered.
- No upper limit for genuine expenditure on treatment.
- No upper age limit to join.
- Only once lifetime payment.
- Dependent parents and children also given all benefits.
- Familiar environment.

Limitations

- Treatment in service hospital if :-
 - Located nearby.
 - Facility and capacity exist.
- Expenditure on treatment limited to approved CGHS/Govt rates.
- Unreferred opd/admission in empanelled hospitals not allowed except in emergency.

How to apply

1. Armed Forces Veterans to fill up application form available at all Stations HQs or download form ECHS website.
2. Deposit the form with following :-
 - Affidavit.
 - Deposit contribution in government treasury/ Reserve bank of India/SBI and attach original copy of MRO.
 - Demand draft to be prepared at the rate of Rs. 90/- per card (you can make two add on cards in addition to the master card).
 - Three passport size photographs of pensioner and dependants (paste one copy of each photograph on application form, affidavit and on receipt).
 - PPO to be duly attested by bank/treasury form where the pension is being drawn.
 - Photocopy of discharge book/ service certificate duly attested.
3. Deposit completed application form at the designated Station HQs.
4. Remember to take your receipt. You are a member the day you get the receipt. Subject to verification of your documents.
5. Collect the card(s) on intimation sent by the Station HQs.
6. Get your cards activated at the parent/nearest polyclinic as soon as possible. Without activation cards will not work at polyclinics.

Contribution rate

Pension	Rates	of
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CHAPTER-8
DIRECTORATE GENERAL RESETTLEMENT

The DGR has the overall responsibility for resettlement of ex-servicemen (including officers), their widows and dependents and the disabled armed forces personnel invalided out of service. DGR is headed by a serving officer of the rank of Maj Gen.

The schemes of the DGR can be specifically categorized under the following heads: -

1. Resettlement Training-as under-

(a) Resettlement Training for Officers-The courses cover vocational courses of up to a maximum of 6 month and diploma/degree correspondence courses of one to three years duration, in which selected officer have to pay 40% of the training fee and the balance is paid by DGR.

(b) Resettlement Training for PBOR-There a number of vocational courses up to one year duration and on the job Training Schemes, for which Training of volunteering PBOR and their equivalent is conducted free of cost to the individual.

(c) Ex-Servicemen Resettlement Training Schemes-The aim of this job oriented scheme is to provide training to ex-servicemen, war widows, widows of ex-servicemen and one dependent of ex-servicemen.

2. Employment – There 10% and 20% reservations in Gp 'C' and Gp 'D' posts respectively in Central Ministries/Departments and; 14.5%/24.5% job reservation for ex-servicemen in Gp 'C'/'D' posts of PSUs/Nationalised Banks. Besides, State Governments provide a number of concessions to promote employment of ex-servicemen. DGR, to augment the existing employment opportunities for ex-servicemen, nominates ex-servicemen security agencies established under the Companies Act by retired officers for the award of contract for security with various PSUs and Private Sector Organisations.

3. Self-Employment-These are as under-

- (a) Coal Transportation Scheme
- (b) Tipper Truck Scheme
- (c) Oil Product Agency
- (d) Army Surplus Class V B Vehicle

4. SEMFEX (SELF-EMPLOYMENT VENTURE)-These are as under-

- (a) SEMFEX-I
- (b) SEMFEX-II
- (c) SEMFEX-III

In addition to above, there are a number of other schemes for self-employment of ESM, Widows and their dependents, which can be summarized as under-

- (a) Prime Minister's Rozgar Yojana (PMRY) Scheme for Ex-Servicemen
- (b) Commercial Loan Scheme
- (c) National Equity Fund
- (d) Typewriters and Duplications
- (e) Reservation in CSD(I) of Low Technology Items
- (f) Grant of Price Subsidy to SSI Units
- (g) Mother Dairy, Delhi Milk Schemes & Safal Fruit and Vegetable Booths
- (h) Kinetic Engineering Dealership
- (j) Piaggio Greaves Dealership
- (k) Tata Bp Solar Light Dealership
- (l) Dealership of Hero Honda/Kinetic/Appolo/Pepsi /Coca Cola
- (m) Mahindra and Mahindra
- (n) CNG Stations

Note-For more details please visit DGR website - dgrindia.com.

14	Asst Director	Wg Cdr ASMS Ananth	26192357 (O)
15	Joint Director	Sh Sandeep Kumar	26192357 (O) 25257021 (R)
TRAINING			
16	Director	Gp Capt R Sobti	26192358 (O) 26146971 (R)
17	Dy Director	Lt Col Atul Yadav	26192366 (O) 25692148 (R)
18	Dy Director	Maj Hemant Bhouraskar	26192366 (O) 26145802 (R)
AGRICULTURE			
19	Director	Dr AN Dubey	26192353 (O) 24364926 (R)
PUBLICITY			
20	Director	Sh AN Srivastava	26192365 (O) 26711081 (R)
STATISTICS & RECORDS			
21	Director	Sh Mukat Singh	26192364 (O) 23219988 (R)

TELEGRAPHIC ADDRESS OF DGR IS: RES DEFENCE NEW DELHI

Postal addresses of Dte Gen Resettlement

Directorate General Resettlement
West Block- 4, RK Puram,
New Delhi - 110 066

CHAPTER-11

ADDRESSES OF RSBs AND LOCATIONS OF SAINIK REST HOUSES IN STATES.

Sl No.	ADDRESSES OF RSB	LOCATION OF SAINIK REST HOUSES	For further details, pl contact RSB
1	<u>ANDHRA PRADESH</u> Director Deptt of Sainik Welfare Block IV, II Floor Gruhakalpa Complex MJ Road, Nampally, Hyderabad - 500 001	Anantpur, Cuddapah, Guntur, Kakinada, Karimnagar, Kurnool, Nellore, Visakapatnam, Vizianagaram, and Warangal	Hyderabad- 040-24736890
2	<u>ARUNACHAL PRADESH</u> Director Directorate Relief, Rehabilitation & Settlement Govt of Arunachal Pradesh New Itanagar - 791110	NIL	Itanagar- 0360-2212282
3	<u>ASSAM</u> Director Directorate of Sainik Welfare Sainik Bhavan, Lachit Nagar Guwahati - 781 007	Dhubri, Kamrup, Karbi-Anglong and Cachar	Guwahati-0361- 2522229
4	<u>BIHAR</u> Director Sainik Kalyan Nideshalaya Home Deptt, Old Secretariat, Barrack No.10, Patna - 800015	Bhojpur, Chapra, Gaya, Bhagalpur, Patna (Danapur Cantt), Katihar, Mothihari and Munger	Patna- 0612-2225301
5	<u>CHHATTISGARH</u> Director Department of Sainik	Bilaspur and Raipur	Raipur- 0771-2445165

	Welfare, Chhattisgarh Near Collectorate Parisar Behind Home Guard Office Raipur - 492 001		
6	<u>DELHI</u> Secretary Rajya Sainik Board Opp Tis Hazari Court No.1, Raipur Road Delhi - 110 054	NIL	Delhi- 011-23991876
7	<u>GOA</u> Secretary Deptt of Sainik Welfare Collectorate Building Panaji - 403 001	NIL	Panji- 0832-2227138
8	<u>GUJARAT</u> Director Directorate of Sainik Welfare and Resettlement, Gujarat State, Block No. 6, 3 rd Floor, Old Sachivalaya Dr Jivaraj Mehta Bhavan Gandhinagar - 382 010	Rajkot	Gandhinagar- 079-23251295
9	<u>HARYANA</u> Secretary Rajya Sainik Board Sainik Bhawan, Sector 12 Shaheed Capt Rohit Kaushal Marg Panchkula - 134 109	Ambala Cantt, Ambala City, Panchkula, Faridabad, Bhiwani, Charki Dadri, Loharu, Gurgaon, Hissar, Jind, Karnal, Kurukshetra, Rohtak (New), Rohtak (Old), Kosli, Jhajjar, Bhadurgarh, Rewari, Narnaul, Ateli, Kanina, Mohindergarh, Sonpet, Sirsa, Yamuna Nagar, Kaithal, Panipat and Gohana	Panchkula- 0172-2560462
10	<u>HIMACHAL PRADESH</u> Director Deptt of Sainik Welfare Govt of Himachal Pradesh Hamirpur - 177 001	Bilaspur, Chamba, Chowari, Dehra, Dhamshala, Ghumarwin, Hamirpur, Jwalamukhi, Kangra, Keylong, Kinnaur, Kullu, Mandi, Matiana, Nahan, Nurpur, Palampur, Parwanoo, Sarkaghar, Shimla, Solan and Una.	Hamirpur- 01972-221854
11	<u>JAMMU AND KASHMIR</u> Director Deptt of Sainik Welfare Ambphalla, Jammu - 180 005	Doda, Jammu, Kathua, Kishtwar Leh, Reasi, Sambha, Srinagar and Udhampur.	Srinagar- 0191-2561547
12	<u>JHARKHAND</u> Director Sainik Kalyan Nideshalaya Ranchi (Jharkhand)	Chaibasa, Dhanbad, Ranchi	Ranchi- 0651-2330178

13	<u>KARNATAKA</u> Director Deptt of Sainik Welfare & Resettlement Field Marshal KM Cariappa Bhavan No 58, Fd Mshl K M Cariappa Road, Bangalore - 560 025	Bangalore, Karwar, Madikeri and Mysore	Bangalore- 080-25589459
14	<u>KERALA</u> Director Deptt of Sainik Welfare Vikas Bhavan Thiruvananthapuram	Alappuzha, Thiruvananthapuram and Thrissur	Thiruvananthapuram - 0471-2304980
15	<u>MADHYA PRADESH</u> Director Deptt of Sainik Welfare Southern Shopping Centre Guru Teg Bahadur Complex TT Nagar, New Market, P.B.NO 364, Bhopal -	Bhind, Bhopal, Chhindwara, Gwalior, Indore, Jabalpur, Morena and Sagar	Bhopal- 0755-2553743
16	<u>MAHARASHTRA</u> Deshmukh Director Deptt of Sainik Welfare Maharashtra State 'Raigad', Opposite National War Memorial, Solapur Road Ghorpadi, Pune - 411 001	Deogad, Sawantwadi, Mahad, Poladpur, Mangaon, Ratnagiri, Dapoli, Khed, Chiplun, Ghorpadi, Sangli, Kolhapur, Solapur, Pandharpur, Nasik, Malegaon, Ahmednagar, Kopargaon, Dhule, Nagpur, Amaravati, Akola, Buldhana and Yavatmal	Pune- 020-26332763
17	<u>MANIPUR</u> Secretary Rajya Sainik Board Sainik Rest House Lamphelpet - Imphal Oppo. Lamphel Police Station, Imphal-795004	Lamphelpet	Imphal- 03852-2314476
18	<u>MEGHALAYA</u> Director Directorate of Sainik Welfare Public Service Commission Building Beyond DC Building Shillong - 793 001	NIL	Shillong- 0364-2225613
19	<u>MIZORAM</u> Director Deptt of Sainik Welfare & Res, Tuikual 'A', PB No. 119 Aizawl - 796 001	Aizawl	Aizawl- 0389-2322732
20	<u>NAGALAND</u> Secretary Rajya Sainik Board Home Deptt, Home	Kohima and Mokokchung	Kohima- 0370-2270029

	Branch Nagaland Civil Sectt. Kohima - 797 001		
21	<u>ORISSA</u> Secretary Rajya Sai nik Board Nageswar Tangi Lewis Road Bhubaneshwar - 751 002	Cuttack and Ganjam (Berhampur)	Bhubaneshwar 0674-2432268
22	<u>PUNJAB</u> Director Dte of Sainik Welfare, Punjab Punjab Sainik Bhawan, Sector 21-D Chandigarh - 160 022	Amritsar, Bhatinda, Faridkot, Ferozpur, Gurdaspur, Hoshiarpur, Jalandhar, Kapurthala, Ludhiana, Patiala, Ropar, Sangrur, Chandigarh and Muktsar	Chandigarh- 0172-2701845
23	<u>RAJASTHAN</u> Nideshak Sainik Kalyan Vibhag Secretariat Building North Block, Jaipur - 302 005	Ajmer, Byawar, Alwar, Bharatpur, Bikaner, Churu, Jaipur, Jodhpur, Shergarh, Jhunjhunu, Kota, Nagaur, Pali, Sikar, Udaipur, Bheem, Pokharan (Jaisalmer), Jaisalmer, Badmer and Sriganganagar	Jaipur- 0141-2227897
24	<u>SIKKIM</u> Secretary Rajya Sainik Board, Sikkim, Paljor Stadium Road Gangtok - 737 101	Gangtok, Namchi Bazar, Jorethang, Revangla Bazar, Gyalshing and Singtamn Bazar	Gangtok- 03592-2202534
25	<u>TAMIL NADU</u> Additional Director Dte of Ex-Servicemen's Welfare 22, Raja Muthiah Salai, Choolai Chennai - 600 003	Chennai, Coimbatore, Cuddalore, Salem, Sivagangai, Nilgiris @ Udhagamandalam, Tirunelveli, Dindigul @ Kodaikanal, Vellore, Virudhunagar @ Srivilliputhur, Tiruchirapalli, Madurai and Dindigul	Chennai- 044-26691886
26	<u>TRIPURA</u> Secretary Rajya Sainik Board Nehru Office Complex Gorkhabasti, P.O. Kunjaban Agartala West Tripura - 799 006	NIL	Agartala- 0381-2326507
27	<u>UTTARANCHAL</u> Director Sainik Kalyan Evam Punarvas Chandel Bhawan, Ajabpur Kalan	Dehradun, Rishikesh, Kotdwara, Lansdowne, Dhumakot, Pauri Garhwal, Srinagar,	Dehradun- 0135-2673014

	Anjali Vihar Dehradun - 248121	Uttarkashi, Tehri Garhwal, Narendra Nagar, Chamoli, Gopeshwar, Haldwani, Ramnagar, Almora, Bageswar, Pithoragarh, DD Hut, Devalthal, Berinag, Champavat and Tanakpur	
28	<u>UTTAR PRADESH</u> Director Dte of Sainik Kalyan Evam Punarvas PO Box No.-290 Cariappa Bhawan, Kaiserbagh Lucknow - 226 001	Agra, Aligarh, Allahabad, Azamgarh, Bahraich, Banda, Balua, Barabanki, Bareilly, Baduan, Basti, Bulandshahr, Deoria, Etah, Etawah, Fatehgarh, Fatehpur, Ghazipur, Gonda, Gorakhpur, Hamirpur, Hardoi, Jalaun (Orai), Jaunpur, Jhansi, Kanpur Nagar, Khiri, Lucknow, Mainpuri, Mathura, Meerut, Moradabad, Sultanpur, Mirzapur, Pratapgarh, Raibareilly, Rampur, Saharanpur, Shahjahanpur, Sitapur, Unnao, Varanasi and Siddharthnagar	Lucknow- 0522-2625354
29	<u>WEST BENGAL</u> Secretary Rajya Sainik Board Block 'B' (First Floor) Writers' Building Kolkata - 700 001	Kolkata, Burdwan, Darjeeling, Kalimpong, Kurseong and Midnapur	Kolkata- 033-22144643
30	<u>ANDAMAN & NICOBAR ISLANDS (UT)</u> Secretary Rajya Sainik Board A & N Administration Secretariat Port Blair - 744 101	Cambell Bay and Port Blair	Port Blair- 03192-235621
31	<u>CHANDIGARH (UT)</u> Zila Sainik Welfare Officer UT Chandigarh Sainik Rest House (UT) Sector 21-D Chandigarh - 160 022	Sector 21-D, Chandigarh	Chandigarh- 0172-2701947
32	<u>PONDICHERRY (UT)</u> Director Deptt of Sainik Welfare Jawan Bhavan Complex, Lawspet Main Road, Pakkamudayanpet, Pondicherry - 605 008	NIL	Puducherry- 0413-2253107